

Clinical Practice Process Improvement Tool : Urinary Catheter Insertion

Functional Area: \_\_\_\_\_ Start Date: \_\_\_\_\_ Overall Auditors: \_\_\_\_\_

Module: Urinary Catheter Insertion

Date: \_\_\_\_\_ Auditors: \_\_\_\_\_

Standard: Evidence based best practice is being consistently applied to prevent catheter associated urinary tract infections

Question Set: Urinary Catheter Insertion - Urinary Catheter Insertion

Observation: 1

	Question	Guidance	Yes	No	N/A	Comment
1	Have alternatives to urinary catheterisation been considered and documented?	Review documentation.			<input checked="" type="checkbox"/>	
2	Is the clinical reason for insertion specified and documented?	Review documentation.			<input checked="" type="checkbox"/>	
3	Is the healthcare worker trained in catheterisation or supervised by a trained person?	Check training records.			<input checked="" type="checkbox"/>	
4	Is the smallest gauge catheter used for effective drainage?	Check gauge.			<input checked="" type="checkbox"/>	
5	Is hand hygiene performed before urinary catheterisation? (90)	Observe practice. Moment 2 - before an aseptic task.			<input checked="" type="checkbox"/>	
6	Is a single use apron worn for urinary catheterisation?	Observe practice.			<input checked="" type="checkbox"/>	
7	Are single use sterile gloves worn for the aseptic procedure?	Observe practice.			<input checked="" type="checkbox"/>	
8	Is the urethral meatus area cleaned with sterile normal saline prior to urinary catheterisation?	Observe practice.			<input checked="" type="checkbox"/>	
9	Is asepsis maintained throughout the procedure?	Check: Sterile Items are intact. Sterile Packs integrity. Equipment is in date. No unsterile items are touched. Contaminated items are replaced.			<input checked="" type="checkbox"/>	
10	Is sterile, single use lubricant used prior to insertion?	Observe practice.			<input checked="" type="checkbox"/>	
11	Is the catheter connected aseptically to a sterile closed drainage system?	Observe practice.			<input checked="" type="checkbox"/>	
12	Is the urinary catheter bag positioned below the level of the bladder for effective drainage?	Check that no part of the catheter system is touching the floor.			<input checked="" type="checkbox"/>	
13	Is waste discarded into the appropriate waste stream according to local policy?	Observe practice.			<input type="checkbox"/>	
14	Is all personal protective equipment removed?	Observe practice.			<input checked="" type="checkbox"/>	

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15	Is hand hygiene performed immediately following removal of personal protective equipment? (20, 90)	Observe practice. Moment 3 - after body fluid exposure.				

Question Set Comments/Recommendations for Urinary Catheter Insertion - Urinary Catheter Insertion

- 20 Pratt RJ, Pellowe C, Wilson JA, Loveday HP, Harper PJ, Jones SRLJ, McDougall CM, Wilcox MH. (2007) Epic2: National Evidence Based Guidelines for preventing Healthcare-Associated Infection in NHS Hospitals in England. Journal of Hospital Infection. 65 (1) Supplement 1.
- 90 World Health Organisation (2009) Guidelines on hand hygiene in health care. Geneva, Switzerland: World Health Organisation